

**Mary Maguire McNamara**  
DNP, APRN-FPA, FNP-BC, FAANP  
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## **EDUCATION**

### **Doctor of Nursing Practice**

University of Illinois Chicago, Chicago, IL, August 2018

DNP Project: *Effective Assessment and Referral of Intimate Partner Violence Survivors*

### **Master of Science**

University of Illinois Chicago, Chicago, IL, May 2013

Family Nurse Practitioner GPA 4.0

### **Bachelor of Science in Nursing**

Rush University, Chicago, IL, December 2006

Magna Cum Laude

### **Bachelor of Science in Biology**

Northern Illinois University, DeKalb, IL, December 2003

Magna Cum Laude

## **ACADEMIC PROFESSIONAL POSITIONS**

### **Associate Dean Innovative Partnerships and Faculty Practice**

Loyola University Chicago, Niehoff School of Nursing, Chicago, IL, August 2022-present

### **Clinical Associate Professor**

Loyola University Chicago, Niehoff School of Nursing, Chicago, IL, August 2022-present

### **Clinical Assistant Professor**

University of Illinois Chicago College of Nursing, Chicago, IL, August 2019-August 2022

### **Clinical Instructor**

University of Illinois Chicago College of Nursing, Chicago, IL, August 2017-August 2019

### **Graduate Teaching Assistant**

University of Illinois Chicago College of Nursing, Chicago, IL, August 2012-December 2012

## **PROFESSIONAL NURSING EXPERIENCE**

### **Family Nurse Practitioner**

Swedish American Medical Group, Rockford, IL

August 2013-present

### **Emergency Nurse Practitioner**

Infinity Health Care, Rockford, IL

July 2014-March 2016

**Registered Nurse**

Swedish American Emergency Department, Rockford, IL  
July 2007-August 2013

**Registered Nurse**

Rush University Medical Center  
December 2006-July 2007

**AWARDS AND HONORS**

**Fellow of The American Association of Nurse Practitioners (2022).** AANP Fellows are selected based on outstanding contributions to clinical practice, research, education, or policy.

**DAISY Foundation Award for Extraordinary Nursing Faculty, University of Illinois Chicago (2021).** Exceptional impact and inspiration on students.

**First Place Poster, Illinois Society of Advanced Practice Nursing Midwest Conference (2019).** *Effective Assessment and Referral of Intimate Partner Violence Survivors*

**Graduating Student Recognition Award, University of Illinois Chicago (2013).** University of Illinois Chicago Alumni Association.

**Pillar of Excellence Award, Swedish American Health System (2009).** For dedication and contributions to the success of the overall mission, values and strategic goals of the organization.

**Sigma Theta Tau International Nursing Honor Society, Rush University, Gamma Phi Chapter (2006).** University of Illinois, Alpha Lambda Chapter (2013).

**GRANTS & CONTRACTS**

***Advanced Nursing Education Workforce (ANEW)***

Health Resources & Services Administration (HRSA).

Principal Investigator. 2019. \$2.7 million.

Enhance academic-practice partnerships to assure practice readiness in NP education

***Advanced Nursing Education-Nurse Practitioner Residency (ANE-NPR).***

Health Resources & Services Administration (HRSA).

Co-Principal Investigator/Lead academic partner. 2019. \$3.3 million.

Develop Illinois' first new graduate APRN Fellowship in community health.

## PUBLICATIONS

### PEER-REVIEWED

Raghu, N., **McNamara, M.**, Bettencourt, E., Yingling, C. (2022). Cultivating diversity in the advanced practice registered nurse work force. *Journal of the American Association of Nurse Practitioners*, (34)3; 542-549. <https://doi.org/0.1097/JXX.0000000000000679>

Woroch, R. & **McNamara, M.** (2021). Intimate partner violence standardized patient simulation for nurse practitioner students. *Journal of the American Psychiatric Nurses Assn.* <https://doi.org/10.1177/10783903211023557>

**McNamara, M** & Yingling, C. The reemergence of Syphilis: Clinical pearls for consideration. *Nursing Clinics of North America*, 55(3), 363-377. <https://doi.org/10.1016/j.cnur.2020.06.009>

**McNamara, M.** & Rosenberger, K. (2019). The significance of Vitamin D status in breast cancer: A state of the science review. *Journal of Midwifery & Women's Health*. 64(3), 276-288. <https://doi.org/10.1111/jmwh.12968>

### PRESENTATIONS (\* mentored student, # invited)

#### NATIONAL PODIUM

**McNamara, M.**<sup>#</sup> & Woroch, R. (2022, June). Using simulation to mitigate the impact of intimate partner violence. 2022 *American Association of Nurse Practitioners National Conference*, Orlando, FL

Woroch, R. & **McNamara, M.** (2021, October). Simulation to validate NP student competence in addressing intimate partner violence. *American Psychiatric Nurses Association National Conference*. [virtual]

Cotler, K, Sparbel, K., **McNamara, M.**, & Calvin, D. (2019, April). Innovative technological strategies to promote student engagement and competencies. *National Organization of Nurse Practitioner Faculties 45th Annual Meeting*, Atlanta, GA.

#### REGIONAL PODIUM

**McNamara, M.** (2022, October). What's new in 2022? Guideline updates for clinicians. Illinois Society of Advanced Practice Nursing Midwest Conference, Lisle, IL.

**Rich, S\*** & **McNamara, M.** (2022, October). Exercise as a prescription: an evidence-based approach to physical inactivity. Illinois Society of Advanced Practice Nursing Midwest Conference, Lisle, IL.

**McNamara, M.** (2022, May). What's in a name? Pharmacologic considerations for primary, secondary, resistant, urgent, and emergent hypertension. Illinois Society of Advanced Practice Nursing Pharmacology Conference. Urbana, IL (May) and Oak Brook, IL (June).

- Yingling, C., **McNamara, M.**, & Raghu, N. (2021, October). Advancing diversity in the community health APRN workforce: Deliberate strategies for a challenging issue. *Illinois Society of Advanced Practice Nursing Midwest Conference* [virtual].
- McNamara, M.** # (2021, October). Intimate Partner Violence Awareness Month Panelist. *Organized by the Student National Medical Association, Medical Students for Choice, the Organized Medicine Interest Group, Family Medicine Interest Group, and the Global Community Health Action Team.* University of Illinois College of Medicine, Rockford, IL.
- McNamara, M.** (2021, February). Ocular emergencies. *Swedish American Medical Group Grand Rounds.* Swedish American Hospital, Rockford, IL.
- McNamara, M.** & Woroch, R. (2021, October). Simulation to validate NP student competence in addressing intimate partner violence. *Illinois Society of Advanced Practice Nursing Midwest Conference* [virtual]
- McNamara, M.** (2020, February). The reemergence of syphilis. *Swedish American Medical Group Grand Rounds.* Rockford, IL
- McNamara, M.** # (2020, May). Fostering resilience and hope in nurses. *Chief Nursing Officer's Nurses' Week Luncheon Keynote Address.* Swedish American Hospital, Rockford, IL.
- McNamara, M.** (2020, January). Interpretation of orthopedic x-rays. *Skills on Point, LLC. Outpatient Skills Conference.* Hoffman Estates, IL.
- McNamara, M.** (2020, August). Assessment and referral of intimate partner violence survivors. *Stakeholder presentation: City of Rockford Office of Domestic Violence and Human Trafficking Prevention.* Rockford, IL.
- McNamara, M.** # (2019, February) Expert panelist. *Millennium Cardiology Conference.* Rockford, IL.
- McNamara, M.** (2019, August). Stroke: Prevention and Recognition. *Keen Age Center,* Belvidere, IL.
- McNamara, M.** (2018, February). Differentiating central versus peripheral vertigo. *Swedish American Medical Group Grand Rounds.* Rockford, IL.

## POSTERS

### NATIONAL POSTERS (\*mentored student)

- Johnson, J.,\* **McNamara, M.**, & Mendeloff, E. (2021, July). Improving staff confidence and efficacy in the care of gender and sexual minority patients. *National Nurse Practitioner Symposium,* Keystone, CO.
- Woroch, R. & **McNamara.** (2020, April). Simulation to validate NP student competence in addressing intimate partner violence. *National Organization of Nurse Practitioner Faculties 46th Annual Meeting* [virtual].

**REGIONAL POSTERS** (\*mentored student)

Marciel, J.\*, **McNamara, M.**, & Uribe, S. (2021, April). Use of mHealth on postpartum mothers' outcomes. *Stateline Nurses Expo, Stateline Nurses Association*. Rockford, IL.

**McNamara, M.** & Sefton, M. (2018, October). Effective assessment and referral of intimate partner violence survivors. *Illinois Society of Advanced Practice Nursing Midwest Conference*, Lisle, IL

**PEER REVIEW**

2021 - present                      Manuscript Reviewer, *Journal of Advanced Nursing*  
 2020 - present                      Manuscript Reviewer, *Journal of School Nursing*

**PROFESSIONAL MEMBERSHIPS**

2018 – present                      National Organization of Nurse Practitioner Faculties  
 2013 - present                      American Association of Nurse Practitioners  
 2012-present                      Illinois Society of Advanced Practice Nursing  
 2020-present                      Global Alliance for Behavioral Health and Social Justice  
 2007-present                      American Nurses Association  
 2007-present                      Emergency Nurses Association  
 2006-present                      Sigma Theta Tau Honor Society, Gamma Phi and Alpha Lambda chapters

**PROFESSIONAL SERVICE**

2020 – present                      Program Committee Member, Illinois Society of Advanced Practice Nursing  
 2019 - present                      Government Relations Committee, Illinois Society of Advanced Practice Nursing  
 2018 - present                      Family Peace Center Research and Outcomes Steering Committee Member, Mayor's Office on Domestic Violence and Human Trafficking Prevention, Rockford, IL  
 2018 - 2022                      Rockford Promise Mentor. Rockford, IL.  
 2018 - present                      Opioid Task Force Member, Winnebago County Health Department, Rockford, IL.  
 2013 - present                      APRN Shared Governance Council Member, (chair, 2020-2022). Swedish American Health System, Rockford, IL.  
 2016 - 2022                      Quality and Population Health Committee Member, Swedish American Health System, Rockford, IL.  
 2016 - 2021                      Provider Peer Review Committee Member, Swedish American Health System, Rockford, IL.

**UNIVERSITY SERVICE****University of Illinois Chicago**

2020 - 2022                      Nursing Service Plan Executive Board Member.  
 2020 - 2022                      Guest lecturer. University of Illinois College of Medicine Rockford.  
 2017 - 2019                      Interprofessional Education Committee Member, Rockford Campus  
 2017 - 2020                      Rural Health Camp Planning Committee and presenter.

## **FACULTY CHAIR DNP PROJECTS**

- Exercise as a prescription: an evidence-based approach to address physical inactivity.
- Pre-Exposure Prophylaxis for HIV: Public health department nurse driven initiation program.
- Care for pre-exposure prophylaxis patients: Designing and implanting transition of care discharge program.
- Discharge planning program for detainees with mental disorders at a county jail.
- A comprehensive approach to the treatment of opioid use disorder in a county jail setting.
- Education to improve provider knowledge on new cervical cancer screening recommendations.
- Promotion of HPV vaccination initiation and series completion to reduce the risk of HPV associated cancers.
- Improving staff confidence and efficacy in the care of gender and sexual minority patients.
- Increasing confidence of the new nurse practitioner by improving primary care dermatology skills.
- The use of mHealth in postpartum maternal outcomes.
- Increasing pediatric universal lipid screening utilizing academic detailing and the electronic health record.
- Implementing integrative methods to address dyslipidemia in pediatric patients.
- Health literacy assessment of detainees and correctional officers in a large urban jail

**Courses Taught**

2021 - 2022 Clinical Practice in Primary Care I. NUPR 521. Course Coordinator. Health  
2020 - 2022 Management in Primary Care III. NUSP 517. Course Coordinator.  
2017 - 2021 Comprehensive Health Assessment for Advanced Practice. NURS 532.  
2019 - 2022 EBP 4: DNP Project Planning & Implementation. NUPR 556.  
2019 - 2022 EBP 5: DNP Evaluation and Dissemination. NUPR 557.  
2017 - 2020 Clinical Practice in Primary Care I. NUPR 521.  
2017 - 2022 Clinical Practice in Primary Care II. NUPR 522.  
2017 - 2022 Advanced Clinical Practice in Primary Care. NUPR 523.

**LICENSES**

APRN-FPA	Illinois (Lic. #277.000470 exp. 08/2024)
Controlled Sub	Illinois (Lic #37*.*****6 exp. 08/2024)
Registered Nurse	Illinois (Lic. #041.35907 exp. 08/2024)
DEA License	Federal

**CERTIFICATIONS**

2013-2023 Family Nurse Practitioner, *American Nurses Credentialing Center.*  
ID #: 32478826 exp. 07/2023

2015- 2025 Certified Medical Examiner, *National Registry of Certified Medical Examiners.*  
ID#: 3866421571 exp 07/2025